



# October



## snack menu

Monday	Tuesday	Wednesday	Thursday	Friday
snack menu				
			1	2
			<u>AM Snack</u> Cheezits Raisins  <u>PM Snack</u> Graham Crackers Apple Sauce	<u>AM Snack</u> Saltine Crackers 1 Serving Fruit  <u>PM Snack</u> Bagels Cream Cheese
5	6	7	8	9
<u>AM Snack</u> Pretzels Craisins  <u>PM Snack</u> Saltine Crackers 1 Serving Veggies	<u>AM Snack</u> Ritz Crackers Fresh Berries  <u>PM Snack</u> Yogurt Granola	<u>AM Snack</u> Graham Crackers Milk  <u>PM Snack</u> Pita Bread Hummus	<u>AM Snack</u> Animal Crackers String Cheese  <u>PM Snack</u> Goldfish 1 Serving Fruit	<u>AM Snack</u> Cheezits Apple Slices  <u>PM Snack</u> Quesadillas
12	13	14	15	16
<u>AM Snack</u> Goldfish Raisins  <u>PM Snack</u> Ritz Crackers Cucumber & Ranch	<u>AM Snack</u> Wheat Thins Tangerines  <u>PM Snack</u> Bagels Cream Cheese	<u>AM Snack</u> Animal Crackers Milk  <u>PM Snack</u> Grilled Cheese Sandwiches	<u>AM Snack</u> Ritz Crackers Sliced Cheese  <u>PM Snack</u> Cheezits 1 Serving Fruit	<u>AM Snack</u> Graham Crackers ½ Banana  <u>PM Snack</u> Saltine Crackers Sliced Cheese
19	20	21	22	23
<u>AM Snack</u> Craisins Pretzels  <u>PM Snack</u> Wheat Thins 1 Serving Veggie	<u>AM Snack</u> Cheezits Apple Slices  <u>PM Snack</u> Goldfish Raisins	<u>AM Snack</u> Graham Crackers Milk  <u>PM Snack</u> Pita Bread Hummus	<u>AM Snack</u> Saltine Crackers Jelly  <u>PM Snack</u> Cheezits Tangerines	<u>AM Snack</u> Ritz Crackers Fresh Berries  <u>PM Snack</u> Bread Rolls String Cheese
26	27	28	29	30
Apple & Pumpkin Day  <u>AM Snack</u> <i>*Special Apple Snack</i>  <u>PM Snack</u> Cheezits Cucumber & Ranch 	Apple & Pumpkin Day  <u>AM Snack</u> <i>*Special Pumpkin Snack</i>  <u>PM Snack</u> Ritz Crackers Sliced Apple 	<u>AM Snack</u> Animal Crackers Milk  <u>PM Snack</u> Animal Crackers Milk	  <b>NO SCHOOL</b>	  <b>NO SCHOOL</b>